Finding and using quality texts is an important component of information literacy and vital to nursing and other health-related practices. For example, if you are learning to take blood pressure, you should read a text authored by someone who has expertise in doing so and is familiar with the best evidence. This person might be someone with multiple degrees and expertise in nursing practice. If you are learning about how to best care for someone who is dying, you might want to read a text authored by an expert practitioner and researcher in this field. Texts that include and/or are authored by clients and families may provide personal narratives that inform your writing and practice.

A starting point to finding quality texts is to physically or virtually visit the library and check out the library website and resources such as workshops that you can access.
Figure 3.3: University bookshelves