3.1: Learning Outcomes

Learning Outcomes

By the end of this chapter, you will be able to:

• Explain how to integrate the food guide into the nursing process.
• Critically reflect on the role of social determinants of health as it relates to the food guide and the nursing process.
• Interpret the food guide in the context of the unique attributes and life circumstances of the client.
• Adopt a relational inquiry approach to inform discussions with clients and families about the food guide.