2.1: Course Materials

“Ageism in America Today: A Report”

*Defy Ageism* by Toni Cerna, Christine Morley, Vincent Ninh, and Michelle Unice

The reality of age discrimination is increasingly an issue in American society. This article explores how and the consequences of today’s age-based prejudices could have a tremendous impact on everyone’s final decades of life. This Defy Ageism site includes additional information and resources for assignments and discussion.

“Self-Empowerment in Later Life as a Response to Ageism”

*by Paul Irving in* Generations: Journal of the American Society on Aging, Spring 2015

This article outlines how standing up to negative age bias can be a powerful step older adults can take as they redefine productivity and fulfillment in later life.

“What is Elder Abuse?”

*Administration for Community Living, US Department of Health and Human Services*

Elder abuse is a term referring to any knowing, intentional, or negligent act by a caregiver or any other person that causes harm or a serious risk of harm to a vulnerable adult. This article provides an overview of the types of elder abuse and links to resources.