3.2: Videos


A look at an evidence-based program that helps seniors learn better management of their health and chronic conditions.

A YouTube element has been excluded from this version of the text. You can view it online here: http://pb.libretexts.org/older/?p=44

National Council on Aging – “Falls Prevention Resources”

NCOA’s National Falls Prevention Resource Center supports the implementation of evidence-based falls prevention programs and serves as a national clearinghouse of tools and best practices. Explore materials related to falls prevention in the Resources Library.
You Have the Power to Prevent a Fall from National Council on Aging on Vimeo.