11.9: XI Glossary

**Clubbing:** A gradual enlargement of the fingertips in patients with respiratory conditions that cause chronic hypoxia.

**Cyanosis:** A bluish discoloration of the skin and mucous membranes caused by lack of oxygenation to the tissues.

**Dyspnea:** A subjective feeling of not being able to get enough air; also called shortness of breath.

**FiO2:** Fraction of inspired oxygen (i.e., the concentration of oxygen inhaled). Room air contains 21% oxygen levels, and oxygenation devices can increase the inhaled concentration of oxygen up to 100%. However, FiO2 levels should be decreased as soon as feasible to do so to prevent lung injury.

**Hypercapnia:** Elevated carbon dioxide levels in the blood, indicated by PaCO2 level greater than 45 in an ABG test.

**Hypoxemia:** Decreased dissolved oxygen in the arterial blood, indicated by a PaO2 level less than 80 mmHg in an ABG test.

**Hypoxia:** A reduced level of tissue oxygenation.

**Obstructive Sleep Apnea (OSA):** Characterized by repeated occurrences of complete or partial obstructions of the upper airway during sleep, resulting in apneic episodes.

**PaO2:** The partial pressure of dissolved oxygen in the blood measured by arterial blood gas samples.

**SpO2:** An estimated oxygenation level based on the saturation level of hemoglobin measured by a pulse oximeter.

**Ventilation:** The mechanical movement of air into and out of the lungs.