24.7: Chapter 7 (Head and Neck Assessment)

Answer Key to Chapter 7 Learning Activities

1. To alleviate pain and discomfort associated with strep throat, the patient may receive instruction to:
   - Drink soothing liquids such as lemon tea with honey or ice water
   - Gargle several times a day with warm salt water made of 1/2 tsp. of salt in 1 cup of water
   - Suck on hard candies or throat lozenges
   - Use a cool-mist vaporizer or humidifier to moisten the air
   - Try over-the-counter pain medicines, such as acetaminophen

2. B – white patches noted on both tonsils, D – speech is slurred, E – thyroid enlarged

Answers to interactive elements are given within the interactive element.