11.5: Spotlight Application

Elyn Saks, a professor of law, psychology, and psychiatry at USC, shares her experience of living with schizophrenia in a 15-minute TEDGlobal video[^1]: "Elyn Saks: A Tale of Mental Illness-- From the Inside."

Reflective Questions:

1. What strikes you most about Dr. Saks’s journey with schizophrenia?
2. What are three takeaways points from Dr. Saks’s presentation?

View the following YouTube video on "What Living Well With Schizophrenia Means to Me"[^2]

Reflective Questions:

1. How is X’s journey with schizophrenia different from Dr. Saks’s?
2. What are three things you learned from X’s description of her journey with schizophrenia?

[^1]: TEDGlobal. (2012). A Tale of Mental Illness -- From the Inside. [Video]. TED. All rights reserved. https://www.ted.com/talks/elyn_saks_seeing_mental_illness
[^2]: Living Well with Schizophrenia. (2020, March 7). What living well with schizophrenia means to me [Video]. YouTube. All rights reserved. https://youtu.be/VUhw64iEIQw